

Infection Control: Your Responsibility!

Good Hand washing

- ♥ the single most important factor in reducing the spread of infections
- ♥ Use friction, warm water & soap
- ♥ Point hands down and wash for 15 seconds
- ♥ Sing "Happy Birthday" 3 times & you're done
- ♥ Turn off faucet with paper towel
- ♥ Wash hands after touching blood, body fluids whether or not gloves worn

Hand Hygiene Products available at PMC:

Bactifoam—In Patient's Rooms/All Patient Care Areas/Restrooms

Washing Hands

1. Wet hands
2. Use one pump of antimicrobial soap
3. Wash 15 seconds to remove soil or microbes. Scrub fingertips, back of hands, between fingers and on wrist
4. Rinse under warm water
5. Dry hands thoroughly
6. Use paper towel to turn off the faucet



Accent Plus Hand Lotion

- ♥ Only product approved as hand lotion to prevent hand irritation for PMC employees and volunteers.
- ♥ Made to be compatible with our other hand hygiene products
- ♥ Please do not bring in personal products such as waterless hand sanitizers or lotions from home, they are not hospital strength, are not compatible with PMC products and can cause irritation &/or breakdown of some latex products.

Quik Care Hand Rub

1. Apply golf size ball of foam to one hand
2. Spread evenly over both palms, fingertips, back of hands, between fingers and on wrists
3. Continue rubbing until completely dry
4. Do not use water or paper towels afterwards

Transmission Precautions

Airborne, Droplet, Contact Isolation

If you see at **RED STOP SIGN** on outside of the patient's door: **Do not enter!!**

Personal Protective Equipment (PPE) (gloves, gowns, goggles, face mask):

- ☑ Check what PPE you need to wear before entering the room
- ☑ Door is to be closed at all times
- ☑ Place all blood soaked, dried blood or bodily fluid dressings in red Biohazard us bags within the room.
- ☑ **Sharps Safety:** dispose of all sharps in puncture proof container